

2017 IHSAA Football Exam

Place	Question	Answer Choice 1	Answer Choice 2	Answer Choice 3	Answer Choice 4	Answer Choice 5	Correct Answer	Rule Reference
1	A football jersey does not need to completely cover the shoulder pads and all pads worn above the waist on the torso.	TRUE	FALSE				2	1-5-1(b)1
2	Completely clear or completely white tooth and mouth protectors are permitted by rule.	TRUE	FALSE				1	1-5-1(d)5(a)
3	A back may not wear a jersey with the number 50 through 79.	TRUE	FALSE				2	1-4-3; 2-32-3
4	Eye shade (grease or no-glare strips or stickers) that is a solid stroke may not have words, numbers, logos, or other symbols within the eye shade.	TRUE	FALSE				1	1-5-3©3
5	Prior to the start of the game, the head coach shall be responsible for verifying to the referee and another game official that all his players are legally equipped and in compliance with these rules.	TRUE	FALSE				1	1-5-1(a)2; NOTE, 1-5-4
6	The ball cannot have commercial advertising added to the surface.	TRUE	FALSE				1	1-3-1(h)
7	A 6-inch wide broken restraining line shall be placed around the outside of the field, at least 1 yard from the sidelines or end lines, as an extension of the line limiting the team box area.	TRUE	FALSE				2	1-2-3(d)
8	A player's towel may be any color, other than the ball color, and any dimension.	TRUE	FALSE				2	1-5-3(a)5(a)
9	The goal line is entirely in the end zone and the edge toward the field of play, and its vertical plane is the actual goal line.	TRUE	FALSE				1	1-2-3(j)
10	Play cards may be attached to the pants.	TRUE	FALSE				2	1-5-3©8
11	Clipping in the free-blocking zone is legal.	TRUE	FALSE				2	2-17; 9-3-6; 9-3 PENALTY
12	Initial force may result from any carry, fumble, kick, pass or snap.	TRUE	FALSE				1	2-13-1
13	A receiver attempting to catch a pass who has not had time to clearly become a runner, is considered a defenseless player.	TRUE	FALSE				1	2-32-16(b)
14	A punt may be used for the free kick on a kickoff.	TRUE	FALSE				2	2-24-5; 2-24-8
15	A pop-up kick is a free kick in which the kicker drives the ball immediately into the ground, the ball strikes the ground once and goes into the air in the manner of a ball kicked directly off the tee.	TRUE	FALSE				1	2-24-10; 6-1-11; 6-1 PENALTY
16	Following an interception, it is legal for the intercepting team to block below the waist.	TRUE	FALSE				2	2-3-7; 9-3-2
17	A fair catch of a scrimmage kick can be made anywhere in or beyond the neutral zone and to R's goal line.	TRUE	FALSE				1	2-9-1; 6-5-2
18	If a loose ball touches a player who is in contact with the sideline, the ball is considered inbounds and remains live.	TRUE	FALSE				2	2-29-1; 2-29-3; 4-2-2(b)
19	When an airborne player makes a catch, forward progress is the furthest point of advancement after he possesses the ball if contacted by a defender.	TRUE	FALSE				1	2-15-2
20	A catch is the act of establishing player possession of a live ball which is in flight, and first contacting the ground inbounds while maintaining possession of the ball.	TRUE	FALSE				1	2-4-1
21	The basic spot is a point of reference for penalty enforcement.	TRUE	FALSE				1	2-41-1

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22	The snapper in scrimmage-kick formation has special protection even after he moves to participate following the snap.	TRUE	FALSE				2	2-32-14; 9-4-6
23	If substitute B12 enters the field during a down but does not participate or influence the play, it is a nonplayer foul.	TRUE	FALSE				1	2-16-2(f); 3-7-6
24	A defensive player is considered on the line of scrimmage when he/she is within 2 yards of the line of scrimmage at the snap.	TRUE	FALSE				2	2-25-3
25	A forward pass is a pass thrown with its initial direction toward the opponent's end line.	TRUE	FALSE				1	2-31-2
26	When R1 signals for a fair catch, his/her team gives up the right to advance if the kick is caught or recovered by any Team R player.	TRUE	FALSE				1	2-9-1; 4-2-2(g)
27	On a free kick from K's 40 yard line, the clock should be started when K1 first touches the kick on K's 48 yard line.	TRUE	FALSE				2	2-12-1; 3-4-3; 6-1-7
28	During a dead ball, no more than four players from either team may enter the game unless there was a change of possession or a charged time-out.	TRUE	FALSE				2	3-7-1
29	Any team time-out not used during the first half can be saved and used during the second half.	TRUE	FALSE				2	3-5-1
30	On a free kick to start a period, the clock will start when the ball is touched other than first touching by K.	TRUE	FALSE				1	3-4-1(a)
31	The ball becomes dead and the down is ended when a prosthetic limb comes completely off the runner.	TRUE	FALSE				1	4-2-2(l)
32	If the helmet of the tackler comes off in making contact with the runner, the ball is dead immediately.	TRUE	FALSE				2	4-2-2(k)
33	Any member of the kicking team may recover a scrimmage kick beyond the neutral zone and advance.	TRUE	FALSE				2	4-2-2(f); 6-2-4
34	Before the ready-for-play signal, Team A may designate the spot from which the ball is put in play anywhere between the hash marks:	For a try	For a kickoff	Following a safety	Following an awarded fair catch	All of the above	5	4-3-6
35	A new series is awarded to A if the ball belongs to A when it becomes dead on or beyond the line to gain.	TRUE	FALSE				1	5-1-3(a)
36	When A1 is downed beyond the line-to-gain, a new line-to gain is not established until the effect of any act which occurred during the down, except a non-player or unsportsmanlike foul, is considered.	TRUE	FALSE				1	5-1-2; 5-3-1
37	When a penalty is accepted, the number of the next down is the same as if the foul had not occurred.	TRUE	FALSE				2	5-2-1; 5-2-2
38	If a 3rd down scrimmage kick is recovered by K in or behind the neutral zone, the ball remains live and belongs to K and the down counts unless R has been first to touch the ball beyond the neutral zone.	TRUE	FALSE				1	5-1-4
39	A measurement may be requested by the captain prior to the ball being marked ready-for-play, but it may be denied, if, in the referee's opinion, it is obvious the line to gain has or has not been reached.	TRUE	FALSE				1	5-3-2 NOTE

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40	Touching of a low scrimmage kick is ignored if the touching occurs in or behind the expanded neutral zone.	TRUE	FALSE				1	6-2-6
41	A free kick is not repeated unless:	A foul occurs prior to a change in possession and the penalty acceptance requires a replay of the down.	There is a double foul.	There is an inadvertent whistle during the kick.	Any of the above.	None of the above.	4	6-1-8
42	Encroachment occurs if a defensive player makes contact with the ball prior to the end of the snap.	TRUE	FALSE				1	7-1-6(b)
43	It is not a foul for non-contact face guarding on a forward pass.	TRUE	FALSE				1	7-5-10
44	Unless Team A is in a scrimmage kick formation, failure of Team A to have at least five players on the line numbered between 50-79 is a foul at the snap.	TRUE	FALSE				1	7-2-5(b) EXCEPTIONS
45	If quarterback A1 takes a position with his hands underneath a lineman, other than the snapper, it is illegal formation at the snap.	TRUE	FALSE				1	7-2-3
46	After the ball is marked ready-for-play, each Team A player must momentarily be within the 9-yard marks (7-yard marks for 8-Player) before the snap.	TRUE	FALSE				1	7-2-1
47	Interference by B may occur beyond, in or behind the neutral zone.	TRUE	FALSE				2	7-5-7;7-5-10(a)
48	The snapper may have his/her free hand on the ground in advance of the ball.	TRUE	FALSE				2	7-1-1
49	If B1 intercepts a forward pass in B's end zone and begins to return, but is tackled in the end zone, it is a touchback.	TRUE	FALSE				1	8-5-3(d)
50	Once a grounded scrimmage kick is beyond the neutral zone, K1 may not bat it back toward K's goal line.	TRUE	FALSE				2	9-7-2 EXCEPTION
51	After the passer has clearly released the ball from in or behind the neutral zone, Team B must make a definite effort to avoid charging into the passer.	TRUE	FALSE				1	9-4-4
52	The penalty for failure to properly wear mandatory equipment during the down is:	5 yards, succeeding spot.	5 yards, previous spot.	10 yards, succeeding spot.	10 yards, previous spot	15 yards, basic spot	1	9-9
53	A live-ball foul and a dead-ball foul cannot be combined to create a double foul.	TRUE	FALSE				1	10-2-5(a)
54	All dead-ball fouls are enforced in the order in which they occurred and always from the spot of the foul.	TRUE	FALSE				2	10-2-5; 10-4-5
55	When the same team commits a live-ball foul followed by one or more dead-ball fouls, all fouls cannot be penalized.	TRUE	FALSE				2	10-1-4

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56	The following fouls by B give A an automatic first down:	Roughing the kicker or holder.	Roughing the passer.	Roughing the snapper.	Any of the above.	None of the above.	4	10-1-7
57	The penalty for an illegal forward pass from beyond the neutral zone is:	5-yard penalty and loss of down.	10-yard penalty and loss of down.	15-yard penalty and loss of down.	None of the above.		1	Table 7-5-2; FUNDAMENTAL X-5; 7-5 PENALTY
58	A series can start on a down other than first.	TRUE	FALSE				2	FUNDAMENTAL II-6
59	A kick ends as soon as any player secures possession.	TRUE	FALSE				1	FUNDAMENTAL IV-1; 2-1-3; 6-4 TABLE
60	No player or non-player shall make any other contact with an opponent, including a defenseless player, which is deemed unnecessary or excessive and which incites roughness.	TRUE	FALSE				1	9-4-3(g)
61	When a penalty is accepted with less than two minutes remaining in either half, the offended team will have the option to start the game clock on the snap.	TRUE	FALSE				1	3-4-7
62	It is a field goal even if part of the ball passes through the line of the upright extended.	TRUE	FALSE				2	8-4-1©
63	The ball may contain only the following permissible items:	Ball manufacturer's name and/or logo	School name, logo and/or mascot	State association name and/or logo	Any of the above.	None of the above.	4	1-3-1(h)
64	The penalty for a forward pass, batted, muffed or caught by an ineligible A player who is behind, in or beyond the neutral zone is:	5-yard penalty and loss of down.	5-yard penalty and no loss of down.	10-yard penalty and loss of down	10-yard penalty and no loss of down.		1	7-5-13
65	At the time the ball is kicked, at least four K players must be on each side of the kicker.	TRUE	FALSE				1	6-1-4
66	Successive timeouts may not be granted to either team during the same dead-ball period.	TRUE	FALSE				2	3-5-4
67	A tooth and mouth protector is required to be attached to the helmet.	TRUE	FALSE				2	1-5-1d(5)a,b,c
68	If a touchdown is scored during the last down of the fourth period, the try shall not be attempted unless the point(s) would affect the outcome of the game or playoff qualifying.	TRUE	FALSE				1	8-3-1 Exception
69	Any contestant exhibiting signs, symptoms, or behaviors consistent with a concussion shall be removed from participation and shall not return until cleared by an appropriate health-care professional.	TRUE	FALSE				1	Iowa Concussion Rule
70	The failure of a team to be on the field following the conclusion of the halftime intermission or be ready to start the second half at the conclusion of the mandatory warm-up period is a noncontact unsportsmanlike foul charged to the head coach.	TRUE	FALSE				1	9-8-1g Penalty
71	One or more team members and one or more coaches directly in front of the team box within 9 yards of the sidelines is an authorized team conference.	TRUE	FALSE				1	2-6-2

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72	One coach on the field to confer with no more than 11 players at his team's huddle between the hash marks is an authorized team conference.	TRUE	FALSE				1	2-6-2
73	Blocking below the waist is permitted in the free blocking zone by any player in the backfield as long as the ball is still in the zone.	TRUE	FALSE				2	2-17-1; 2-17-2
74	The IHSAA has determined that the varsity half-time will be 15 minutes in length with 3 additional minutes of mandatory warm-up. By mutual agreement the length can be shortened to 10 minutes with 3 additional minutes of mandatory warm-up, but cannot exceed 20 minutes in length with 3 additional three minutes of mandatory warm-up.	TRUE	FALSE				1	Table 3-1; NOTES 2
75	If any player's helmet comes off during the down and it is not due to a foul by the opponent, that player must leave the game for at least one down (unless halftime or an overtime intermission occurs).	TRUE	FALSE				1	3-5-10d